

Self Help for Hard of Hearing People
Everett Area Chapter Presents:
Telecoil (T-switch) on your
hearing aids.

They are not just for phones!



Everett Area Chapter
EAC-SHHH.tripod.com

Contact person:
Dave Pearson
360.653.6746
DCPearson@wasa-shhh.

Speakers: Myrna Kain and Dave Pearson

Subject: Telecoil (T-switch) on your hearing aids. They are not just for phones!

We will be talking about the Telecoil on your hearing aids and what you can use them for besides the telephone.

Most behind-the-ear hearing aids routinely come with telecoil sensors, as do many in-the-ear hearing aids. These are the hearing aids typically worn by those with the most profound loss, those most in need of hearing assistance. A show of hands at the Self-Help for Hard of Hearing People convention revealed that nearly all who had hearing aids, had telecoils.

Currently about 90 percent of British hearing aids have telecoils. A lesser, but apparently growing, percent of American hearing aids have telecoils. The percentage of people with telecoils will naturally rise as they become more useful.

Come to the meeting. We will demonstrate with our FM loop system, using neckloops and silhouettes.



All meetings are Amplified. Real Time Captioning and FM receivers will be available.

Saturday
May 10th 2003
11:00 AM

Location:
Snohomish County PUD
Commission Room
2320 California St.
Everett



Else
Meek

Providing Realtime Services



Self Help for Hard of Hearing People
7910 Woodmont Ave, Suite 1200
Bethesda, Maryland 20814
www.shhh.org



Washington State Association of
Self Help for Hard of Hearing People
PO Box 4025 Kent, WA 98032
www.wasa-shhh.org

Please post this page or share with your patients / customers / friends. Thanks



From the *PREZ*.... Myrna Kain We need your help!

We hope you enjoy receiving our newsletter. To cover publishing costs, we rely on our readers contributions. If you have already contributed within the last year—thank you. If not, and you would like to continue receiving our newsletter, please see the last page for contribution amounts. If you are unable to make a contribution, but would still like to receive this letter, please contact us at the e-mail address or phone

number listed at the top of this page.

Our Mission:

SHHH opens the world of communication to people with hearing loss by providing information, education, support and advocacy.

We value:

Education: - Our primary purpose is to educate ourselves, our families, friends, co-workers, teachers, hearing health care providers, industry, government, and others about hearing loss.

- SHHH provides adults and children with tools for self help; sensitizes the general population about the special needs of people who are hard of hearing; and promotes understanding of the nature, causes, complications, and remedies of hearing loss.
- We provide information on many aspects of hearing loss, from technological and medical advances to coping and parenting strategies.
- We want to help you become an informed consumer on what options are available to you to help you make the best decisions on how to deal with hearing loss.

Advocacy: - SHHH is a leading voice in improving communication access for people with hearing loss.

- We advocate for communication access in the workplace, hotels, schools, court systems, medical, and entertainment facilities.
- SHHH promotes new technology, medical research, and legislation that will alleviate the effects of hearing loss.
- We encourage and participate in research to improve hearing aids, assistive listening devices, and other technology needs of consumers with hearing loss.
- We push for research on understanding the causes of hearing loss and for development of new treatments.
- We testify before federal, state, and local legislative bodies on issues concerning people with hearing loss.
- We help implement federal and state laws which benefit people with hearing loss.

Self Help: - SHHH believes people with hearing loss can help themselves and one another to participate fully and successfully in society.

- SHHH promotes self-confidence; empowers individuals with skills to improve their lives; and provides an opportunity for affiliation among people with hearing loss, their friends, families, and professionals.
- We work to develop options for ourselves and open doors for others.

May "MONEY" Raffle

We are trying something new!

At the end of the meeting, we will draw the winning ticket... The money in the raffle pot will be divided in two. The winner will get half of the pot and SHHH-EAC gets the other half!

BUY A LOT OF TICKETS!

Refreshments for May

Open Month,

If you'd like to bring something, please do so!

Annual contributions.

Thank You to:

Dawnelle Bomer
Karen Brooks & Gene Garland
Janet Dahl
Joanne Gunnerson
Myrna Kain
Reba Moen
Cheryl Petrucelli

We Appreciate it!

Happy Birthday

To:



Kay Dickey— 05/05
Karen Utter—05/12
Margie Nelson—05/24
Elaine Teel Wehde—05/25
Loretta Mithoug—05/28
William Parker—05/29

Pennies From Heaven!

Thanks to :

Janet Dahl and
Reba Moen

**For donating all of their spare
Pennies! Every Penny helps!**

Raffle tickets are \$1.00 each.

From our Last Meeting

Preventative hearing loss for our troops

From Mike Mallahan's presentation on 4/2/03

One very fascinating piece of evidence that has been discovered here within the last year, that affects a dramatic number of people, is noise induced hearing loss. It really comes to mind during now, with our armed services serving our country over in Iraq. The amount of noise exposure that our military suffers is phenomenal. Over this whole encounter, this 30 days of war—hopefully—we're going to incur 22 billion dollars worth of cost for hearing loss suffered from our service members.

If you are riding around in a Bradley Troop Carrier for an hour, you're at significant risk for hearing loss. These guys ride in them for 24 hours.

When you're in the battle field you're not wearing hearing protection. You can't say, "Wait until I put my ear plugs in before we start shooting." So they not only risk their lives but also risk their hearing.

Amazingly enough, research has found that by taking a special medication before you go into battle or before the noise exposure, you have a dramatic decrease in the affects of the noise. It's interesting: it's the same kind of medication that is being proposed for the prevention of heart muscle damage. There's all this talk about anti-oxidants; that medication is used to protect the ear from damage.

An otolaryngologist, a friend of mine, is doing a lot of research, and is using this medication in Iraq to prevent damage. It's a commonly available prescription medication. That's good news in the area of research on prevention of hearing loss.

I am only an individual-
I can do some things
... not everything
The things I do know,
I'm willing to teach.

Please help me be this way always,
and help me to overcome my fears.

And please keep everyone that I love
safe.

Author Unknown

Our Real-time Captioner Else Meek

For 12 years, Else Meek has volunteered her time and equipment to caption for our meetings. She has been wonderful to us. She has kept us in the communication loop by almost instantaneously showing on the screen what a speaker is saying. Some of us use it to glance at for missed words, others rely on it constantly.

Realtime Captioning, (or CART - *Communication Access Realtime Translation*) which is similar to court stenography, is the simultaneous process

through which spoken-word English becomes readable English. A highly skilled Captionist, like Else Meek, using the aid of cutting-edge computer software, listens and takes down all spoken communication in steno shorthand. The computer then reinterprets the Captionist's shorthand into readable English, which it displays on a computer monitor, television screen, video, or overhead projector (which we use), or other type of audiovisual device. The communication is almost instantaneous and fluid. Because all communication is processed through the Captionist's computer in word processing format, disked transcripts are always available and ready for email transmission, incorporation into a database, or printing. Else always has the disk ready for us and we use it as our meeting minutes. (At times Else has e-mailed us the transcripts of our meeting.)

Realtime Captioning is often the preferred option for deaf, hard of hearing and late-deafened individuals, and persons who do not use sign language as their primary mode of communication. For these people, Realtime Captioning is the most effective and reasonable accommodation. Realtime Captioning has also been found to be the service of choice for anyone physically unable to take notes or unable to concentrate on classroom work and take notes at the same time, such as individuals with CAPD (Central Auditory Processing Disorder)

For years, Else has come to our meetings, set up her stenography machine, her computer, and projector, and sat down to listen attentively to everything that comes her way. The words seemingly go from her ears right out of her fingers, which are flying on her stenography machine, right onto the screen where we can see and read as our speaker talks. The amazing part is that it just takes seconds to display what the speaker has said.

Not only does Else volunteer her time with us, she also does it for other SHHH chapters, WASA-SHHH, the University of Washington's "Ears, Hearing and Beyond Conferences" and Virginia Mason's, "Listen for Life" Conference, as well as many other organizations. We even saw her fingers go a mile a minute at the SHHH International Convention in Seattle last summer.

Thank you Else so much for helping us! We really appreciate it!

The next time you see Else, let her know how much you appreciate her. In fact, we are collecting cash and sending a card around the room to show her how much we care. She can use the funds for whatever she see fit, such as taking her husband out for nice romantic dinner and movie, or going to a massage place to get a nice massage to relax her body, her arm and fingers, that work so hard for us. After collecting the cash, we will write her a check to show her our appreciation.

So be at the meeting and sign the card and, if you'd like, contribute some money. If you cannot come to the meeting and want to make a contribution, you can send a check (not cash) to Annette Johnson, Treasurer (her address on the last page of this newsletter). Be sure to write "For Else Meek" on the bottom left of the check.



Else
Meek

Providing Realtime Services

Thanks everyone, let's all let Else know how much she means to us!!



Check one or more boxes that apply to you.

SHHH, Everett Area Chapter meets monthly Sept. through June (with a picnic in August). The chapter sends out the "Hearing & Beyond" newsletter on the same schedule. We need your support to keep the SHHH, Everett Area Chapter functioning. You can help us continue to support and educate people who are hard of hearing, with an annual contribution from you of:

Check one: New or Renewal

\$13.00 for one person or \$15.00 for a family (Annual Contribution)

You may also send in your national SHHH membership through us. Check the box below if you would like to do this.

\$25.00 to become a member of SHHH. This includes the "Hearing Loss" Journal plus other benefits.

Name: _____

Address: _____

City: _____ State _____ Zip Code _____

Phone Number _____ TTY / VOICE (Please circle one)

E-mail Address _____

How did you learn about SHHH (Self Help for Hard of Hearing People)?

Please make check payable to: SHHH, Everett Area Chapter. and mail it along with this form to:

Annette Johnson, Treasurer
8521 238th St. S.W. #B
Edmonds, WA 98026

Thank you for your Contribution

SHHH-Everett Area Chapter
c/o Myrna Kain
1305 W Casino Rd #C1
Everett, WA 98204



Address Correction Requested

Speakers: **Myrna Kain & Dave Pearson**
Subject: **Telecoil (T-switch) on your hearing aids.**
They are not just for phones!

In this issue...

From the Prez... Myrna Kain...WE NEED YOUR HELP!Page 2

Our Real Time Captioner, Else Meek.....Page 3

Preventive Hearing Loss for our TroopPage 2

We have a new face page... How do you like it?

Guests are always Welcome

The views expressed in this newsletter are those of the person submitting the information and not necessarily those held by SHHH.
Mention of goods and services does not mean endorsement, nor should exclusion suggest disapproval.