



Meeting the “*Third Saturday*”
Providence Regional Medical Center
916 Pacific Avenue, Everett, WA,
in the Monte Cristo room.
(across from the cafeteria)



December 17, 2011 11 a.m.
Michael Bower: “Hearing Loss 101”

Christmas Holiday Party Potluck Lunch
will follow with friendly fellowship, food and fun. This is the perfect time to wear your Santa hat or holiday sweater, but that is certainly not a requirement! Please bring some food to share. Here are some suggestions to consider for your contribution: appetizers, salads, hot or cold vegetables, rolls, casseroles, main dishes, beverages (as always coffee, tea, provided). So that we can keep track of what is coming, and avoid 10 of the same thing, please email cygnus88@comcast.net

Please come and bring a friend or family !



If the roads are icy and dangerous to drive, our meeting will be cancelled.



Check our website for information
www.snocohearingloss.org
or phone 425-379-2833



Schedule of Meetings in 2012

Still the 3rd Saturday of the Month

Please mark you calendar and plan to come

January 14 “Assistive Equipment”

Laura Cumming, Communications Advocate
Hearing Speech and Deafness Center

**What would you like for a topic?
Who would you like to hear speak?**

February 18, March 17, April 21, May 19, June 16
September 15, October 20, November 17, December 15

Possible Program Topics and Speakers :

- “Aural Rehabilitation “
- Office of Deaf and Hard of Hearing Director Eric Raff
- Psychologist Beth Hernle
- “ All About CART”
Darlene Pickard and Lisa Hutchinson
- Your Suggestion?

Officers and Committee Chairmen

President Cibyl Kumagai
Vice President Myrna Kain
Registrar David Pearson
Treasurer Steve Pettijohn
Secretary Pro Tem Madison Pickard
Librarian Jean Bapst
Refreshment Committee Linda Worley
Welcome Table Myrna Kain
CART Providers: Darlene Pickard
Lisa Hutchinson

Needed:

Historian
Sunshine Committee Chairman
Secretary (member to be elected to office)



2012 NEW MEETING ROOM

Beginning on January 21, 2012 we will meet on the 4th floor of the Women's and Children's Pavilion Building that adjoins the Providence Pacific Hospital building (where we now meet). This building sits at an angle west of the main hospital.

The main entrance to the Pavilion (shown above behind chartreuse cones) is at ground level. There is no way for guests to walk inside from the main hospital to the Pavilion. Those hallways are locked and restricted to hospital personnel only.

Because there is no valet parking on Saturdays, the lower level of parking off Pacific Avenue is available to us. However it is first come, first served. There is no way to know how many cars will already be parked there. Whether you park on the lower level (1) or above on the level where the main entrance to the hospital is located (2) you must walk (to the right) to an outside entrance for the elevator on the corner of the building. Then take the elevator down to the ground level. Go out across the street to the main entrance to the Pavilion. This "street" seen above is a driveway to the Pavilion entrance. There is a turnout for dropping off passengers. The few parking spaces that are there are all restricted, but at the end of the driveway there is ample room to turn around.

We will walk to the new room on Dec. 17th so that people can know where to go for the meetings January through November. The December 2012 meeting is scheduled for the Providence AB room in the main hospital building. That is the first meeting room we had at this hospital.

Please always plan to come early to find the closest parking. When you enter the Pavilion you will find elevators on the left side of the lobby. Take the elevator up to the 4th floor. When leaving the elevator on the 4th floor, turn to the right. The meeting room will be straight ahead of you. There are 2 entry doors: at the north and south ends of the room.

The Pavilion address is **900 Pacific Avenue**
Everett, WA 98201

We have a CapTell 200 telephone that was generously donated to our chapter by Jennis Bapst. Captions of what the the other party is saying appear on the screen above the touch tone buttons. This phone will be at the Welcome table where anyone who would like to like to have the phone can put their name into the gift bag. One name will be drawn and the winner will get to take the phone home to use. Be sure to come to the December 17th Party to enter your name for a chance to win a

Free Captioned phone!



HLAA 2012 Convention
June 21-24, 2012
Providence, Rhode Island

**Save \$60 with “Early Bird” Registration
Register by 12/31/2011**

http://www.hearingloss.org/sites/default/files/docs/Early_Bird_Registration_Form_2012.pdf

If you would like a printed Registration Form to mail in to HLAA, call Cibyl 425-379-2833 by December 14 and she will bring one for you to the meeting & party on December 17th.

The Westin Providence (host hotel)
One West Exchange Street
Providence, Rhode Island 02903

Rhode Island Convention Center (site of all
Convention events and sessions)
One Sabin Street
Providence, Rhode Island 02903

All workshops, plenary sessions, exhibit hall, and social events will take place at the Rhode Island Convention Center which is connected by sky bridge to The Westin Providence. Located in the heart of downtown Providence, you'll find plenty of restaurants, shopping, and points of interest. It's not too early to start planning your trip to New England.

Suggestions for New Year's Resolutions

Randy Fay from Snohomish County Emergency Management had a lot of good information for us at the November meeting.. It is in our own best interest to consider his recommendations.

Calmly assess your personal situation. What are the most likely emergencies or disasters you might have to face? If you are 200 miles inland at an altitude of 4000 feet, you probably do not need to prepare for a Tsunami. If you are near the sound, a river or lake, or if there is a 42" water main behind your house that feeds 5 water districts (like at my home) you may want to think about storing your survival supplies at a higher level than the garage floor. Usually floods have the longest disaster warning time in Washington.

However earthquakes can happen without warning or with a very short time before occurrence. You will not have time to gather what you need then, so a good New Year's resolution would be to put together your supplies for a week on your own. Randy left us several pamphlets with good supply lists.

It is important to date and rotate these supplies so that they are usable if they are needed in an emergency situation. Hard of hearing people need to consider fresh batteries for their hearing aids or cochlear implants, others need to consider an extra tank of oxygen, a supply of medications that is NOT outdated. Batteries or an alternate source of energy such as a generator will be needed as well as food, water and a can opener.

We are blessed to have dedicated emergency response teams that are well trained where we live. However roads, bridges, electricity, gas lines, cell phone and TV transmissions can all be disrupted. Our trained professional responders may not be able to reach us for an indeterminate length of time. Thoughtful preparation is a gift to yourself and your family. Only you can know what you will need most in a disaster, because each one of us has their own personal unique needs. Make a New Year's Resolution to get prepared. It is a good resolution well worth keeping.



PMB 648
13300 Bothell Everett Hwy #303
Mill Creek, WA 98012

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13300 Bothell Everett Hwy #303
Mill Creek, WA 98012

Please fill in this form and mail with your dues. Thank you.

Hearing Loss Association of Snohomish County meets monthly on the third Saturday from September through June. We are an all volunteer nonprofit tax exempt 501(c) (3) organization. Your *support donations* allow our chapter to continue to supply information, education, support and advocacy to people who are dealing with hearing loss, their families, and their friends. All donations are gratefully accepted and receipts are provided for tax deduction verification.

HLAA Membership Dues

_____ New membership If Renewal, please give membership number _____

_____ **\$35 Individual** membership

_____ **\$20 Student** membership..

_____ **\$45 Family** membership

_____ **\$60 Professional** membership

This includes "*Hearing Loss Magazine*" and many other benefits

No portion of HLAA dues is kept by our chapter, all of the \$35.00 dues is forwarded to HLAA.

Please make all checks payable to: Hearing Loss Association of Snohomish County. Address above.

Name _____ Phone Number _____

(Street) Address _____

City _____ State _____ Zip _____

Email _____